

CONTACT THE ISS

The following frequencies are currently used for Amateur Radio ISS contacts (QSOs):

Voice and SSTV Downlink: 145.80 (Worldwide)

Voice Uplink: 144.49 for ITU Regions 2 and 3 (The Americas, and the Pacific and Southern Asia)

Voice Uplink: 145.20 for ITU Region 1 (Europe, Russia and Africa)

VHF Packet Uplink and Downlink: 145.825 (Worldwide)

UHF Packet Uplink and Downlink: 437.550

VHF/UHF Repeater Uplink: 145.99 (PL 67 Hz)

VHF/UHF Repeater Downlink: 437.80